

Europeans saving more, despite no pay rise

- A fifth (19%) of people in Europe grew their savings pot in the last 12 months
- Over a third (36%) of savers are making a deliberate decision to save more, despite receiving no pay rise in the past year
- Just under a third (30%) in the UK and Luxembourg grew their savings – the highest share across Europe, the US and Australia

Europeans are making a conscious effort to boost their savings. The ING [International Survey on Savings 2016](#), which surveyed almost 15,000 people across 15 countries, reveals one in five (19%) people in Europe grew their savings over the last 12 months, with the UK and Luxembourg having the largest share putting money away (30%).

However, the source of this growth is not because people have more money. In fact, over a third (36%) of savers in Europe are making a deliberate decision to save more, despite *not* earning more.

Instead, people say they are cutting back on spending on non-essential items, such as clothing and grooming (9%) holidays (12%) and leisure and entertainment (15%) in order to boost their funds. Conversely, net spending on essentials such as utilities (33%), food (17%) and health (13%) saw significant increases across the continent.

The study found that only a quarter (26%) of people in Europe are comfortable with the amount they have available in savings. Illustrating this, just under half (49%) of people in Europe have enough savings in place to cover three to six months of take-home pay - the widely recommended buffer level. And less than half (45%) do not have enough to cope with an emergency such as the car or home heating breaking down.

Interestingly, the countries most comfortable with their savings are those where people have increased the amount they save, and vice versa - for example, consumers in the Netherlands (43%), Luxembourg (40%) and the United Kingdom (39%). Conversely, consumers in Romania (19%), Italy (17%) and Poland (12%) were the least comfortable with the amount they have saved, and fell to the bottom of the table when it came to growing their savings over the last year (see Table 1).

Many may also realise how fragile finances can be – with over a third (36%) of those whose savings declined in the past year citing 'unexpected expenses' as a key reason.

Ian Bright, senior economist at ING, commented: “A number of people aren't necessarily where they want to be financially, but the good thing is that many are taking a deliberate decision to increase their savings stockpile, whether they have the extra income or not. Despite an environment of low interest rates, it seems some people are more interested in setting money aside for a rainy day than necessarily earning from it.”

The report, 'ING International Survey on Savings 2016', is part of a series being produced for the [Think Forward Initiative](#) - a programme that brings together research and experts to gain a deeper understanding of the behavioural biases behind financial decision-making.

Table 1: ING International Savings Comfort League

Country	Percentage who are comfortable with their level of savings	Percentage whose savings grew over the last 12 months
The Netherlands	43%	26%
Luxembourg	40%	30%
United Kingdom	39%	30%
Germany	34%	24%
Austria	30%	25%
Czech Republic	25%	26%
Turkey	25%	17%
Belgium	24%	15%
Spain	20%	17%
Turkey	25%	17%
France	23%	16%
Spain	20%	17%
Romania	19%	16%
Italy	17%	8%
Poland	12%	16%
European average	26%	19%
United States	33%	28%
Australia	28%	27%

Ends

Note to editors

The ING International Survey of 14,664 people was conducted by Ipsos using internet-based polling. Fifteen countries were surveyed overall: Austria, Belgium, Czech Republic, France, Germany, Italy, Luxembourg, the Netherlands, Poland, Romania, Spain, Turkey, the United Kingdom, Australia and the USA. Polling took place between 8 October 2015 and 29 October 2015. The full report is available [here](#).

The ING International Survey is produced three times a year by ING eZonomics. It is about money and life - combining ideas around financial education, personal finance and behavioural economics to produce regular and practical information about the way people manage their money - and how this can affect consumers' lives.

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